



# MAY 2021

## FOSTER GRANDPARENTS OF THE WYOMING ROCKIES

Just For You...

### COLLABORATIVE AND PROACTIVE SOLUTIONS (CPS)

is an evidence-based, trauma-informed approach to working with kids with social, emotional, and behavioral challenges - this method is used in families, schools, and treatment facilities.

Challenging behaviors are simply the means by which children communicate that there are expectations they are having difficulty meeting.

CPS is a framework created by Dr. Ross Green of the nonprofit *Lives in the Balance*. In this framework we work to shift the paradigm from focusing on Behaviors/Behavior Modification and instead we focus on Problems and Solutions. One of the main takeaways of CPS is that *"Children Do Well When They Can"* (new paradigm!), and **not** *"Children Do Well When They Wanna"* (old paradigm). In CPS, problem solving is collaborative - not unilateral ... we work with the child, we don't *do* something to them. We are not the child's adversary, we are there to help them!

To learn more about Collaborative and Proactive Solutions, check out the following websites which have many videos for you to watch!

<https://truecrisisprevention.org>

<https://www.livesinthebalance.org>

(these websites and videos are a great way to get some Tech Hours, too!)

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### In Loving Memory of Grandma Virginia



Virginia Sumpter, 89, of Laramie, passed on Saturday, April 24, 2021. She was born January 8, 1932 in Arkansas. Virginia was a Foster Grandparent for 14 years, serving at Head Start and with the Kids Out to Lunch program in the summer. She loved all of the kids she worked with, and they loved her. She is already missed immensely by us all.



### BIRTHDAYS

**Pam Taylor**

May 20

**Colleen Gilmore**

May 24

### UPCOMING TRAININGS

**Laramie:**

May 22nd

June 24th

*(Volunteer Appreciation)*

**Sheridan:**

May 29th

*(Volunteer Appreciation)*

### TIMESHEETS DUE

**May:**

Friday, May 28th

**by NOON**

**June:**

Friday, June 18th

**by NOON**



**AmeriCorps  
Seniors**



**FOSTER  
GRANDPARENTS  
OF THE  
Wyoming Rockies**

## ANNOUNCEMENTS

- June Time Sheets are due Friday, June 18 by noon.
- For those serving in to June, make sure you get your time sheets in the ***last day you're in school OR no later than June 18.***
- **June pay AND earned leave time will be paid June 23.**
- Sheridan's Volunteer Appreciation Event will be held **Saturday, May 29th.**
- Laramie's Volunteer Appreciation Event will be held **Saturday, June 26th.**
- *Please inform your coordinator if you are interested in summer service!!!*
- **Tech Training: LAST DAY is May 26th!** Independent tech over the summer is allowed and **highly encouraged. You will only receive Internet reimbursement if you do independent tech over the summer.**



It was founded by Ann Jarvis for mourning women to remember fallen soldiers (often their own children) and work for peace. Evidence suggests that the original idea was for a "Mothers' Day" — a day for mothers, plural, not a day for one's own mother — on which mothers would get together for a day of service to help out other mothers who were less fortunate than they were. Mother's Day continued to be celebrated as a movement for peace, but was only celebrated at local levels until 1908, when Anna Jarvis, daughter of Ann Jarvis, began to campaign to make Mother's Day a federally recognized day in honor of her mother who had died in 1905. The first nationally celebrated Mother's Day was in May of 1914. But what had been a day dedicated first to peace was repurposed, this time to celebrate mothers themselves. (photo of Ann Jarvis)

April showers bring May flowers ... and warmer weather brings out the bugs!

### BROOD X: THE 17-YEAR-OLD CICADA



Have you heard the news? Brood 10 is back! And they're nothing to fear!

Periodical cicadas are the insects that make headlines by appearing en masse. Members of the genus *Magicicada*, these cicadas include four species that live for 13 years and three that live for 17 years.

Unlike locusts, Cicada's actually contribute to their ecosystem by pruning weak branches, releasing nutrients back into the soil when they die, and serving as an abundant food source for birds and other animals.

Mayflower plant is a trailing plant with fuzzy stems and clusters of sweet-smelling pink or white blooms.

This unusual wildflower grows from a specific type of fungus that nourishes the roots.

